



Europass Curriculum Vitae

Personal information

First name / Surname **PAOLA MALINVERNI**
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Nationality Italian and Luxembourgish

Date of birth Pavia, 24 September 1984

Gender Female

Occupational field

Psychology / Psychotherapy
Member of "Collège Médical" n. 2023/5063
Psychotherapists register in Luxembourg n. 2017.03.047/psycho
Member of « Société Luxembourgeoise de Psychologie »
Mental health first help aider
CNS recognised psychotherapist n. 530021-13

Work experience

From Dec 2018 **Occupational Health Psychologist at European Parliament in Luxembourg**

From Oct 2017 to October 2022 **Occupational Health Psychologist at European Investment Bank (EIB) and at European Court of Auditors (ECA)**

Main current activities and responsibilities

- psychological support for employees in distress,
- emergency and crisis interventions and management of traumatic incidents with debriefings,
- support groups dedicated to cancer and COVID-19 and units seeking specific interventions to manage critical aspects,
- support to managers and employees and help in case of conflicts or communication difficulties,
- support and follow-up of employees when returning to work after sick leave (collaboration with medical services and sick leave management units),
- development of preventive measures and improvement of health and well-being at work,
- close collaboration in interdisciplinary teams with the medical services for the supervision/InterVision of cases and files,
- close collaboration in interdisciplinary teams with human resources for the development of support projects,
- preparation of annual reports with statistics and action plans

All activities are carried out in the presence or in video

From 2012 **Independent Cognitive and Behavioural Psychotherapist**
- management and follow-up of patients in individual and group psychotherapy (in presence or in video)

From 2010 to May 2016 **Clinical Neuropsychologist at "C. Mondino Neurological Foundation" in Pavia (Italy) – Responsible: Dr Elena Sinforiani**

Occupation or position held
Neuropsychologist

- Experience in clinical randomized trials according with GCP guide-lines
- Experience in major assessment scale in dementia more than 10 years

Main activities and responsibilities

- Use **neuropsychological tests** (battery of tests for the evaluation/quantification of brain-damage and cognitive-behavioral profile in **brain-damaged patients** affected by vascular lesions, degenerative illness as Alzheimer, Parkinson or Lewy Body Dementia, Cranial Trauma or infective illness as HIV)
- **Scientific research activity:**
- 2009-2010: Servier-French pharmacological company's study: "**Safety and efficacy of S 38093 and donepezil, during 4 weeks, in patients with mild to moderate Alzheimer's Disease. An international, multi-centre, randomised, double-blind, placebo controlled, phase II add-on study**"
- 2013-2015: TauR-Phase III study: "**Randomized Double Blind, Placebo-Controlled, Parallel-Group, 15-Month Trial of Leuco-methylthionium bis (hydromethanesulfonate) in Subjects with Mild to Moderate Alzheimer's Disease**"

Conferences and seminars as a speaker	<p>BEI conference in collaboration with UNICEF and the University of Luxembourg entitled: "Everything is different since the coronavirus: children aged 6 to 16 share their experiences and their subjective well-being in 2021" (16/06/2022)</p> <p>European Parliament wellbeing at work-days 25 and 26 February 2021 Well-being in Times of Teleworking: "A workshop on psychosocial well-being of a teleworker" (26/06/2022)</p> <p>EIB and European Parliament conference entitled: "Mental health and Covid: one year on" (05/05/2021)</p> <p>ECB and European Parliament conference entitled: "Covid-19 and mental health: a picture after one year" (22/04/2021)</p>
Scientific paper and publications	<p>- Zucchella C, Bartolo M, Bernini S, Picascia M, Malinverni P, Sinforiani E. <i>"Modeling Alzheimer's Disease Through Functional Independence and Participation"</i> Alzheimer Dis Assoc Disord (17 Oct 2016)</p> <p>- Morandotti N., Malinverni P, Ambrosi P, Caverzasi E. Impaired Reflective function and emotional dysregulation are both associated with levels of caregivers' burden in relatives of patients with Borderline Personality Disorder (Poster presented during the 3rd International Conference on Mentalization-Based Therapy (MBT), in Genève on February 2016)</p> <p>- Morandotti N, Malinverni P, Grandi E, Cebrelli A, Caverzasi E. Stress percepito, carico emotivo, disregolazione emotiva e criticismo genitoriale nei familiari dei pazienti con Disturbo Borderline di Personalità (Poster presented to SOPSI: Società Italiana di Psicopatologia – 19° National Congress – February 2015)</p> <p>- Sinforiani E, Bernini S, Picascia M, Malinverni P, Zucchella C. Treatment adherence in patients with Alzheimer's disease referred to an Italian center for dementia Ageing Clinical Experimental Research. 2014 Nov 5.</p> <p>- Sinforiani E, Pasotti C, Chiapella L, Malinverni P, Zucchella C. Memantine in Alzheimer's disease: experience in an Alzheimer's disease assessment unit. Ageing clinical and Experimental Research. 2012 Apr; 24 (2):193-6.</p> <p>- Sinforiani E, Zucchella C, Pasotti C, Chiapella L, Malinverni P. La centralità del caregiver nella gestione della malattia di Alzheimer. Exel 2011; 1: 13-19.</p> <p>- Sinforiani E, Pasotti C, Chiapella L, Malinverni P, Zucchella C. Differences between physician and caregiver evaluations in Alzheimer's disease. Functional Neurology. 2010 Oct-Dec;25(4):205-9.</p>
December 2009 - September 2011	Clinical Psychologist at "Attivecomeprima Onlus" in Milan - Italy (association for people affected by cancer)
Occupation or position held Main activities and responsibilities	<p>Clinical Psychologist</p> <ul style="list-style-type: none"> - Psychological group and individual support to deal with the changes in life after cancer - Support for partners and carers to combat emotional overload in family relationships - Listening, practical help and orientation to help with the fear and disorientation of a cancer diagnosis - Scientific research activity (pilot study, carried out for the first time in Italy, in collaboration with Cà Granda Niguarda Hospital in Milan with patients affected by Amyotrophic Lateral Sclerosis (ALS). Scientific advisor: Dr. Stefano Gastaldi)
Education and training	
October 2022	Mental health first help training obtaining the diploma as mental health first help aider (in "Centre d'Information et Prévention de la Ligue, D'Ligue Luxembourg")
September 2016	Specialization in EMDR (Eyes Movement Desensibilisation and Reprocessing) for children and adolescents - Level 1°- EMDR Luxembourg (Doctor. Barbara Wizansky and Doctor. Esther Bar Sadeh). Member of EMDR Luxembourg asbl and EMDR Europe
January 2012 - November 2015	Specialised Postgraduate Diploma in Psychotherapy at "Cognitive Psychotherapy and Research Institute" - Milan (Italy). Cognitive and behavioural psychotherapy curriculum, 30/30 with honors. Thesis title: <i>"Self-injury as a "strategy" for managing painful feelings in Borderline Personality Disorder (BPD) patients: an exploratory study"</i> . Thesis Director: Dr. Giovanni Maria Ruggiero
February 2012 – November 2015	School Internship (4 years: 704 hours). San Matteo Hospital in Pavia (CIRDiP: Center for the study of Personality Disorders) - University of Pavia (Italy). Work-site supervisor: Prof. Eduardo Caverzasi
February 2015 – June 2015	Advanced course in "Skills training for Borderline Personality Disorders (BDP)" at "Cognitive Psychotherapy and Research Institute" - Milan (Italy)
March 2014	EMDR (Eyes Movement Desensibilisation and Reprocessing) Level 1° at "Cognitive Psychotherapy and Research Institute" – Milan – Italy. (Official Member of EMDR Italian Association, Responsible: Doctor. Isabel Fernandez; training recognized by Prof. Francine Shapiro)
November 2010 - June 2011	Post-MA degree in Legal Psychology at Galton's Institute - Milan (Italy)
June 2009	Achieved Professional Qualification as Psychologist
April 2009	Volunteer psychologist during the earthquake in L'Aquila, Abruzzo (Italy) as part of National Volunteer Doctors' Corp. Main activities: psychological support and medical assistance

September 2008 - March 2009 **Post-graduate Internship** (1000 hours) at "C. Mondino Neurological Foundation", Neuropsychology lab - Pavia (Italy). Work-site supervisor: Dr. Elena Sinforiani

October 2007 - September 2008 **University tutor in "Cognitive and Experimental Psychology training" and Professor assistant** (700 hours) at Faculty of Philosophy and Letters, Department of Psychology - University of Pavia (Italy). Cognitive tutoring granting a support in using databases and medical scientific web magazines, writing scientific reports, organizing psychological experiments. Work-site supervisor: Prof. Tomaso Vecchi

October 2006 - July 2008 **Honours Bachelor degree, M.Sc. in "Psychology". Neuroscience curriculum, 110/110 with honours**

Experimental Graduation Thesis:

"Stress assignment in reading words in normal readers and dyslexic patients with left hemisphere damage" liaised with the University of Pavia, University of Milan Bicocca and Maugeri Foundation Hospital in Pavia.
Thesis Directors: Prof. Alessio Toraldo and Prof. Gabriella Bottini

The project derived from Max Coltheart' studies on English linguistic processing and had the aim to analyse the specific process of stress assignment in reading words and non-words (invented words without a specific stress assignment). The study presented data on two experiments. The first one concerned a sample of 27 Italian normal readers who participated in a reading task including words and non-words (880 items overall). Results showed that stress assignment is influenced by lexical information even when the material is non-lexical (non-words). In the second experiment, five Italian dyslexic patients with left hemisphere damage participated in two different tasks: a reading task including words and non-words (a total of 124 items) and a picture naming task (51 pictures). Results showed a simple dissociation between stress assignment and phonological assignment. This result is consistent with the idea that phonology is at least partially extracted via grapheme-to-phoneme conversion while stress extraction involves partial activation of the lexical route.

November 2003 – November 2006 **Bachelor degree in "Scienze e tecniche psicologiche"**

November 2005 – May 2006 **Pre-graduate Internship** (1000 hours). C. Mondino Neurological Foundation, Cognitive-Behavioural psychology lab – Pavia (Italy). Work-site supervisor: Dr. Annapia Verri

- Ability to use clinical **psychological tests** (administration and scoring tests for the evaluation of the emotional state and personality and collaboration in clinical interviews in the lab)
- **Psychological support** to inpatients and outpatients

July 2003 **High School languages diploma** at A.Cairolì Institute in Pavia
Mark: 100/100

Personal skills and competences

Languages
Self-assessment
European level (*)

Italian
English
French
Spanish
German
Luxembourgish

Understanding		Speaking		Writing	
Listening	Reading	Spoken interaction	Spoken production		
	Native speaker	Native speaker	Native speaker	Native speaker	Native speaker
	C2	C2	C2	C2	C2
	C2	C2	C2	C2	C2
	C2	C2	B2	B2	C2
	C1	C2	B2	B2	B2
	B1	B1	A1	A1	A1

(*) [Common European Framework of Reference for Languages](#)

I attended a **two months exchange program** at Wagner High School in **Louisville, Kentucky (U.S.A.)** during the fourth year of High School (2001/2002)

Sign language: first level certified by ENS (**National Institution for the deaf** in Pavia - Italy)

Social skills and competences

I am a **good listener** with a clear and constructive communication; I am efficient with an entrepreneurial spirit and **curiosity**. I have the ability to establish and maintain good relationships in a **multicultural environment** derived from my several study exchange programs in Europe/ U.S.A. as well as to live and **operate in distressed locations** developed during my volunteer experience in Abruzzo (Italy).

Organisational skills and competences

I'm an **extremely organised person** with a **problem-solving attitude**

Computer skills and competences

Windows operating system (2000/Xp) Package programs: **MS Office (Word, Excel e Power Point), Outlook**

Hobbies	Travels, hikes, crosswords, reading, jazz, horseback riding, martial arts (Jeet Kune Do, Kali, Escrima and Pencak-silat), choral singing
Current commitment	Volunteer in Sainte Elisabeth am Park C.I.P.A. Institute (Integrated Centre for the Elderly)
Driving licence	Driving licence, vehicle B category

"My personal details can be processed into your data system"

Luxembourg, 04/07/2024

Paola Malinverni